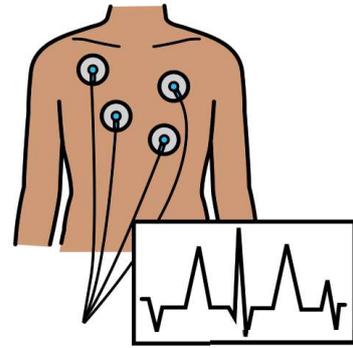
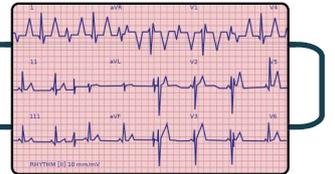


Having An Ecg (Electrocardiogram)

A visual guide



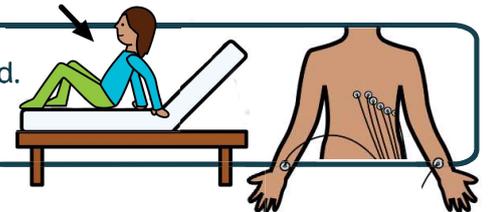
- An ECG looks at the electrical signals that make your heartbeat.



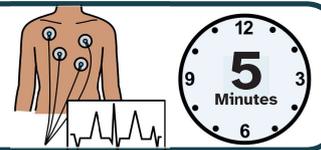
- As the ECG is of your chest area, it would be helpful if you wear loose clothing on the day of your appointment.



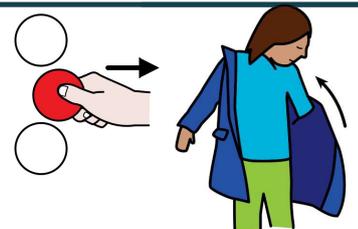
- You will be asked to loosen your clothing and to lie down on a bed.
- We will put some stickers on your chest, wrists, and ankles.



- We will connect the stickers with the wires to the ECG machine. You will be asked to stay still for about 5 minutes.



- When the ECG is finished you or your parent/ guardian will be asked to remove the stickers.
- Then it is time to sit up and re-adjust your clothing, then you are ready to go.



- Let us know if you need any help or have any questions. We are happy to help.

